



**Sunday**

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Saturday**

Free Play-Doh for our young visitors on Saturday, the 16th!!

# September 2017

Family picnic Saturday the 9th! Music & Food!

## The Hearth @ Gardenside, Keepsake Village

**Morning Program 9:30-11:30**

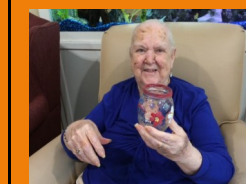
- ~ Weather & Date
- ~ Pledge of Allegiance
- ~ Morning Exercise
- ~ Snacks & Songs
- ~ Daily Chronicles

**ACTIVITIES COORDINATOR**

Susan Shatto

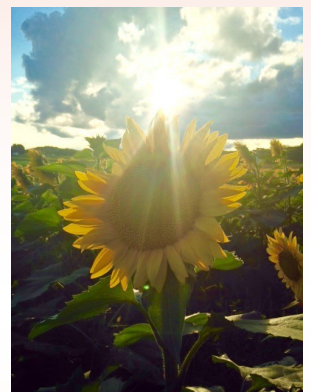
**ACTIVITIES ASSISTANTS**

- Shaynese George-Williams
- Dana Butler
- Catherine Longyear
- Sue Pannella
- Dominic Consiglio

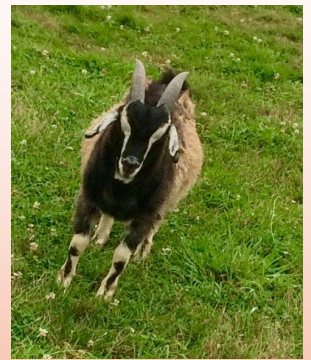


**We are looking for photos of your loved ones to share!**

Do you have any photos of "younger days" that you can share? Childhood or adult photos! We can make a copy or you can drop them off at the front desk!



Keepsake Van Rides; North Branford Sunflower Field & Rose's Orchards



### Bring the kids!

on Saturday, the 16th!! It's National Play-Doh Day We will have Play-Doh set up for the little ones to use! And some to take home, too!



### Special Days in September:

- Sept. 4th-Labor Day
- Sept. 10th-Grandparents Day
- Sept. 10th thru Sept. 16th National Assisted Living Week "Family is Forever"
- Sept. 12th-Chocolate Milkshake Day
- Sept. 13th-Fortune Cookie Day
- Sept. 16th-Play-Doh Day Bring Kids!
- Sept. 16th thru Oct. 3rd-Oktoberfest
- Sept. 20th-Rosh Hashanah begins
- Sept. 28th-Yom Kippur begins
- Sept. 28th-International Coffee Day



Snacks served everyday : 10:30 am, 2:30 pm and 7pm unless noted 7:00 pm-Evening Movie Unless otherwise noted



Activities are subject to changes

Join us for Comfort Connections, our Caregivers Support Group Last Tuesday of each month 5PM "ING" Room This group is free and open to family and friends of our residents as well as the community.



Like us on Facebook! www.facebook.com/TheHearth/

- 3 9:30 Weather, Date, Pledge, Mass
- 11:00 Daily Chronicles, Stretches
- 1:00 A to Z Categories
- 1:30 Bowling
- 2:00 Missing Letters
- 2:30 Snacks and Sinatra
- 3:00 Synonyms & Similes
- 3:30 Bingo/Nostalgic Show
- 5:30 What Color is/Musical Trivia
- 6:00 Kickball
- 6:30 Sentimental Sing Along

- 4 Labor Day
- 9:30 Morning Program
- 10:00 My Hilarious Job History AC
- 1:00 Keepsake Chorus
- 1:45 Parachute Activity Circle
- 2:30 Think More Group 3
- 2:30 Lemonade & Lawrence Welk
- 3:00 Fresh Baked Cookie Social
- 3:30 Bingo/Concert Video
- 5:30 What Occupation?
- 6:00 Music-n-Motion
- 6:30 First Letter Change AC/417

- 5 Happy Birthday Lydia
- 9:30-11:30 Morning Program
- 1:00 This & That Mind Benders
- 1:30 Noodle Ball
- 2:00 Coloring & Calmness
- 2:00 Stories of Centurions
- 2:30 Rocket Hoop Toss
- 3:00 Snacks and Songs
- 3:30 Bingo/Songs We Know, Love
- 5:30 Spot Me!
- 6:00 Topsy Turvy Basketball
- 6:30 Nursery Rhyme Challenge

- 6 Happy Birthday Dorothy
- 9:30-11:30 Morning Program
- 1:00 Colors TT&M
- 1:30 Balloon Volleyball
- 2:00 American Road Trip
- 2:30 Fresh Baked Cookie Social
- 3:00 Stretches
- 3:30 Bingo/Documentary
- 5:30 This and That Trivia
- 6:00 By the Book Exercises
- 6:30 Secret Message
- 7:00 Evening Snack and Movie

- 7 Fashion Day
- 9:30-11:30 Morning Program
- 1:00 Hula Ball
- 1:30 Opposites
- 2:00 Bean Bag Target
- 2:30 Ladies Birthday Social
- 2:30 Snacks and Songs
- 3:00 Light and Lively Exercises
- 3:30 Bingo/Biography Video
- 5:30 Common Bond
- 6:00 Hand Exercises
- 6:30 Famous Recipe Hangman TT&M

- 8 Happy Birthday Marion
- 9:30 Morning Program/Mass/Communion
- 10:00 Think More Group 3
- 1:15 Scenic Van Ride; East Rock
- 1:15 Balloon Swat
- 2:00 Flower Arranging/Songs We Know
- 2:30 Happy Hour/Musical Moments
- 3:00 Breathing Exercises/1:1
- 3:30 Bingo/Tropical Tranquility
- 5:30 And, Opposites, Abbreviations TT&M
- 6:00 Yoga
- 6:30 That's It!

- 9 Annual Picnic for Residents & Family Members
- 11:30-12:30 Lunch & Music-ALSA Patio
- 12:30-1:30 Entertainment in Keepsake Village by John Paolillo
- 1:30 Kindness Quotes GGA
- 2:00 Rocket Hoop Toss
- 3:00 Sit Down Dancing
- 3:30 Arts & Crafts/Johnny Carson
- 5:30 Spelling Bee
- 6:00 Kickball Circle
- 6:30 Word Pairs & Trios

- 10 Nat'l Assisted Living Week Grandparent's Day
- 9:30 Weather, Date, Pledge, Mass
- 11:00 Our Family's Traditions
- 1:00 Noodle Ball
- 1:30 Secret Message
- 2:00 Music Memories & Motion
- 2:30 Name Ten
- 3:00 Ice Cream Soda Social
- 3:30 Giant Ring Toss
- 5:30 Words That Begin With...
- 6:00 Basketball
- 6:30 Chicken Soup 4 Grandparents

- 11 9:30- Morning Program
- 10:30 Pet Therapy Dog Visit
- 1:00 What Color Is...
- 1:30 Balloon Volleyball!
- 2:00 Making Meatballs
- 2:00 Sounds of the Seasons
- 2:45 Think More Group 3
- 3:00 Homestyle Snacking
- 3:30 Bingo/Animal Documentary
- 5:30 Ring Toss
- 6:00 Word Pairs
- 6:30 Hand Exercises

- 12 Chocolate Milkshake Day
- 9:30-Morning Program
- 10:30 People Bingo with Staff
- 1:00 Keepsake Chorus 2
- 1:45 Puzzles, 1:1, Lawrence Welk Entertainment;
- 2:00 Bob Giannotti ALDR
- 3:00 Milkshake Memories
- 3:30 Bingo/Remember When
- 5:30 Topsy Turvy Basketball
- 6:00 Mining for Words
- 6:30 Noodle Ball
- 7:00 Evening Snack and Movie

- 13 Fortune Cookie Day
- 9:30 A.L. Trip-Homemade Dog Treats
- Dan Cosgrove Animal Shelter Donation
- 10:00 Watercolor Program ALGR
- 1:00 What's On Your Fortune Cookie?
- 1:30 Parachute & Kickball Circle
- 2:00 Baking Chocolate Chip Cookies
- 2:30 Reminiscing Cookies & Milk
- 3:30 Bingo/Comedy Show
- 3:30 Songs of the Thirties
- 5:30 Cup of Comfort
- 6:00 Light and Lively
- 6:30 Thoughts of Children

- 14 9:30-Morning Program
- 10:30 Encompass Exercise Presentation
- 11:00 Do You Know Me? Family Tree
- 1:30 Think More Group 3
- 2:00 Walk and Talk Group
- 2:30 Giant Ring Toss
- 3:00 Animal Phrases
- 3:30 Bingo/Documentary
- 5:30 Words Beginning with...
- 6:00 Balloon Swat
- 6:30 Rhymes

- 15 10:00 Mass, Communion w/Pat
- 11:00 Flower Arranging
- 1:15 Van Ride to visit "All Pets Club"
- 1:15 Music, Memories & Motion
- 2:00 Reminiscing Family Stories GG
- 2:30 Ribbon Exercises
- 3:00 Happy Hour/Musical Moments
- 3:30 Larry Noiva's Ventriloquist Program ALGR/Baby Love
- 5:30 Think Again TA
- 6:00 Warm Up Exercises
- 6:30 Fascinating Facts FF

- 16 Oktoberfest Starts
- Play-Doh Day
- Play-Doh for kids visiting!
- 9:30 Morning Program/German Words
- 1:00 Musical Lyrics
- 1:30 Kickball Circle
- 2:00 Arts & Crafts (Play-doh & Paint)
- 3:00 Snacks & Songs
- 3:30 Bingo/Comedy Show
- 5:30 Name That Face
- 6:00 Noodle Ball
- 6:30 Finishing Lines
- 7:00 Evening Snack and Movie

- 17 9:30 Weather, Date, Pledge, Mass
- 11:00 Daily Chronicles, Stretches
- 1:00 Music -n- Motion
- 1:30 Ball Toss
- 2:00 Songs from the 30's
- 2:30 Snacks and Love Songs
- 3:00 Hand Exercises
- 3:30 Bingo/Andy Griffith Show
- 5:30 Balloon Swat
- 6:00 Ogden Nash Poems
- 6:30 Breathing Exercises

- 18 9:30-11:30 Morning Program
- 1:00 German Heritage Mining AC
- 1:30 Giant Ring Toss
- 2:00 Painting/Travelogue
- 2:30 Think More Group 3
- 2:30 Lemonade & Lawrence Welk
- 3:00 Fresh Baked Cookie Social
- 3:30 Bingo/Biography Video
- 5:30 Kickball Circle
- 6:00 Words Beginning With...
- 6:30 Light & Lively Exercises

- 19 9:30-11:30 Morning Program
- 1:00 Family Feud Interactive
- 1:45 Colors & Calmness
- 2:00 Brain Games
- 2:30 Refresh and Reflect
- 3:00 Scarf Exercise
- 3:30 Bingo/Comedy Show
- 5:30 EZ Random Trivia
- 6:00 Topsy Turvy Basketball
- 6:30 Neer Beer Word Game AC
- 7:00 Evening Snack and Movie

- 20 Rosh Hashanah (begins at sunset)
- 9:30-11:30 Morning Program
- 1:00 Resident Spotlight
- 1:30 Balloon Volleyball
- 2:00 Sentimental Sing Along
- 2:30 Fresh Baked Cookie Social
- 3:00 Chair Yoga
- 3:30 Bingo/Arm Chair Travel
- 5:30 Your Name Game
- 6:00 Sit Down Dancing
- 6:30 Cup of Comfort
- 7:00 Evening Snack and Movie

- 21 9:30-11:30 Morning Program
- 11:00 Musical Moments
- 1:00 Balloon Swat
- 1:30 Think More Group 3-- Rosh Hashanah Words AC
- 2:00 Missing Letters
- 3:00 Balloon Swat
- 3:30 Cooking Club/Biography Video
- 5:30 The Common Bond
- 6:00 Kickball
- 6:30 Slang Expressions

- 22 Rosh Hashanah (ends at sunset)
- Autumn Begins
- Mass, Communion
- 11:00 Flower Arranging
- 1:15 Van Ride for Ice Cream/Chorus
- 2:15 Glories of Fall AC
- 2:30 Breathing Exercises/1:1
- 3:00 Happy Hour/Musical Moments
- 3:30 Bingo/Spiritual Video
- 5:30 Twist Your Arm Phrases
- 6:00 Ribbon Exercises
- 6:30 Trivia, Trivia, Trivia!

- 23 9:30-11:30 Morning Program
- 1:00 Spelling Oktoberfest
- 1:00 Travelogue (Parallel)
- 1:30 Pocket Pond Toss
- 2:00 Paper Mosaics
- 2:30 Snacks and Songs
- 3:00 Noodle Ball
- 3:30 Bingo/Concert Video
- 5:30 Your Name Game
- 6:00 Laundry Basket Ball
- 6:30 Cup of Comfort

- 24 9:30 Weather, Date, Pledge, Mass
- 11:00 Daily Chronicles, Stretches
- 1:00 Wheel of Fortune
- 1:30 Bean Bag Target Game
- 2:00 Scrambled Words
- 2:30 Snacks and Oldies Music
- 3:00 Clue Trivia
- 3:30 Bingo/ Music Video
- 5:30 Musicals and Movies
- 6:00 Basketball
- 6:30 What Color is...

- 25 9:30 Morning Program
- 1:00 German Words
- 1:30 Balloon Swat
- 2:00 Painting/Travelogue
- 2:30 Think More Group 3
- 2:30 Travelogue/Warm Cookies
- 3:30 Bingo/Comedy Show
- 5:30 Nursery Rhyme Challenge
- 6:00 Squeeze Sponge Exercises
- 6:30 Famous Couples/Word Pairs
- 7:00 Evening Snack and Movie

- 26 9:30-11:30 Morning Program
- 1:00 Keepsake Chorus 1
- 1:30 Light & Lively Exercises
- 1:45 1:1, Concert Video
- 2:00 Entertainment: Larry Batter; ALDR
- 3:00 Snacks and Songs
- 3:30 Bingo/Travelogue
- 5:30 Balloon Volleyball
- 6:00 Rhyme Time
- 6:30 Music, Memories & Motion

- 27 9:30-11:30 Morning Program
- 1:00 EZ Random Trivia
- 1:30 Parachute & Kickball Circle
- 2:00 Highlights/Front Row Seat
- 2:30 Pretzel and Beer Social
- 3:00 German Words
- 3:30 Bingo/Biographical Video
- 5:30 Secret Word Game
- 6:00 Chair Exercises
- 6:30 Music Titles
- 7:00 Evening Snack/ Movie Classic

- 28 Yom Kippur (begins at sunset)
- 9:30-11:30 Morning Program
- 1:00 Vertical Word Puzzle
- 1:30 Rocket Toss/Think More Group
- 2:00 Opposites
- 2:30 Snacks and Songs
- 3:00 Food Phrases
- 3:30 Arts & Crafts/Documentary
- 5:30 A to Z Categories
- 6:00 Hand Exercises
- 6:30 Songs We Know & Love

- 29 International Coffee Day
- Happy Birthday Priscilla
- Mass, Communion, Flowers
- 9:30 Flavored Coffee Break
- 10:30 Scenic Van Ride/Balloon Swat
- 2:00 Coffee Quotes
- 2:30 Breathing Exercises/1:1
- 2:45 Happy Hour/Musical Moments
- 3:30 Number Bingo/Classical Images
- 5:30 Wheel of Fortune
- 6:00 Chair Yoga
- 6:30 Pictionary

- 30 Happy Birthday Helen
- Yom Kippur (ends at sunset)
- 9:30-11:30 Morning Program
- 1:00 Brain Games
- 1:30 Balloon Volleyball
- 2:30 Snacks/Travelogue
- 3:00 Light and Lively Exercises
- 3:30 Bingo/Concert Video
- 5:30 Spelling Bee
- 6:00 By the Book Exercises
- 6:30 Famous Names
- 7:00 Evening Snack and Movie