



NATIONAL ASSISTED LIVING WEEK

September 10, 2017 – September 16, 2017
THE HEARTH AT GARDENSIDE ASSISTED LIVING



Saturday, September 9 – Picnic for Residents and their Family Members – Entertainment (Boogie Boys)

SUNDAY, 9/10	MONDAY, 9/11	TUESDAY, 9/12	WEDNESDAY, 9/13	THURSDAY, 9/14	FRIDAY, 9/15	SATURDAY, 9/16
Grandparents Day! Ice Cream Social	Patriot Day Branford Fire Dept.	Encompass Program Tai Chi Class	Animal Shelter Watercolor Program	Alzheimer's Assoc. Program	Ventriloquist Program	Oktoberfest Begins
9:30 Transportation to St. Mary's Church	9:30 Dollar Tree, Big Y and CVS	10:00 Encompass Home Health of New England - Healthy Aging Presentation (Game Room)	9:30 Out-trip to the Dan Cosgrove Animal Shelter in Branford to Drop off Donations	11:00 Alzheimer's Association Program (Overview of Dementia) (Game Room)	10:00 Mass and Communion with Sheila (St. Mary's Church) (Game Room)	10:00 Heart Healthy Exercise and Strengthening with Hand Weights (GR)
10:00 Catholic Mass (Game Room)	10:00 -Therapy Dog Program with Boone (Labrador/Great Dane) (Lobby)	10:30 - Encompass Home Health of New England - Blood Pressure Clinic (Game Room)	10:00 Watercolor Program with Pat the Local Artist (Game Room)	1:00 Bridge Club with Residents and Friends (Pub)	1:00 - Bingo (Winings will go to the Alzheimer's Association) (Game Room)	12:45 Cooking Cabbage and Kielbasa (Stony Creek Kitchen)
2:00 Ice Cream Social for Grandparents Day (Lobby)	1:00 Walmart and Branford Center	11:00 Tai Chi Class with Suzanne Hanley (Game Room)	12:45 You, Me & Wii Bowling (Game Room)	1:45 Yale Peabody Museum in New Haven Out-trip	2:30 Assisted Living Week Social Hour (GR)	
	1:00 - Trip to the Branford Fire Headquarters for Patriot Day	2:00 Entertainment with Bob Giannotti (Main Dining Room)	2:00 Baking (Mom's Zucchini Pie) (Stony Creek Kitchen)		3:30 Larry Noiva's Ventriloquist Program (GR)	
						